



WWF

EDUCATION
MATERIAL

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2020



PICNIC
BASKET

YOGURT BAR

It's healthy, easy to make and looks so cool! Enjoy it!

- 1 Mix the yogurt and the honey in a cup or bowl.
- 2 Put a non-stick paper on a tray and pour the mixture. Spread it along the tray.
- 3 Dust your fruits, oat, pistachio or walnut on your mix.
- 4 Put it in a freezer for about 5 hours. Cut it in pieces and serve it!

All you need

250 gr yogurt
5 tbsp honey
½ cup of fruits (any fruit you want;
especially strawberry, blackberry,
raspberry), whole or in pieces.
4 tbsp oat
2 tbsp pistachio or walnut
(unless some children have allergies)



RECIPE CARD

