



WWF  
EDUCATION  
MATERIAL

EN

2020

Food waste days

Home-made food days

Fruit days

Sustainable diet days

# ANNUAL CALENDAR

<b>WORLD FOOD DAY</b> October 16th	Plant a vegetable.	Prepare a snack that is the right size for you!	Idea contest: SAME fruits and veggies, but a NEW way to eat them.	Make a quiz game on sustainable diet.	Bring a snack that you cooked. Try a raw-vegan recipe.	Bring homemade snacks and treat the rest of the class.	Design a no food waste poster.	Class street walk: what is edible?	Donate the food you cannot eat at the next school party.							
"Mr. Long-nose Carrot" and "Princess Muffin"! Name a food so you don't waste it!	Make your own quick & healthy candies.	The meatless sandwich challenge: how many recipes can you find?	The King/Queen of the sustainable bite of the day.	Choose your favorite seasonal fruit. Add two more ingredients to make a meal.	Photo exhibition at school: Artistic photos of home-made dishes.	Organize a home-made food bazaar at school.	Be a good gardener. Learn the tricks, tell your classmates!	Use an ecofriendly pack for your snack. Take leftovers home.	Only buy short-expiration date items from the school canteen.	My mom/dad used to eat at school...	Make a fruit salad from all the pupil's fruits. Share!	It's your birthday. Treat your classmates to a home-made sweet.				
Keep a weekly food waste journal. Calculate how you'd save!	The multi-culti recipe. Can you combine local food to create a pizza?	Eco Bites hip hop competition.	Create a compost box or a compost jar in the classroom.	The "cook the father's and mother's favorite dish day".	Plan your snacks for next week. Surprise your parents!	Eat the good half of a half-rotten fruit!	The "cooking with the left overs" day.	Make seed balls and throw them in the school garden.	Eco Bites Home Ambassador prize: most family members converted.	Make the "yuck" cool! Find ways to prepare the most hated fruits as delicious snacks.	Eco bites School Ambassador prize: most schoolmates converted.	Create a Kids Snack Recipe Book! Share it with the whole school.	Make a rainbow (of fruits and veggies) in your plate.	Design a chef's hat for kids.	What is your family doing wrong on sustainable diets? Advise them.	Invite a farmer, a nutritionist and a food blogger to talk about sustainable diets.
Organize a chef's competition at school for the tastier sustainable bite!	Eat something you planted!	Organize a sustainable food school fiesta with families.	Engage the entire family in a No food waste day. Or even a week?	Define a vegan or no-meat day at school.	Design an apron for kids.	Organize a Gallery with Funky Fruit & Veggie Portraits!	Invent a 4-step recipe. Create a comic with 4 pictures.	The "I will cook for the family" day!	Design a "Where do fruits and vegetables grow?" board game.	Visit an open market or invite a greengrocer to school.	Spot the out of season and imported fruits or vegetables at the grocery store.	Keep a weekly food waste journal. Calculate how you'd save and pitch your ideas at home!	Funky fruits are the coolest! Funkiest fruit class contest.	Go insect spotting! Name the Avengers against diseases.	The "feed the hungry" recipe day.	The food waste detective challenge! Check the bins for food, find the guilty party!
The 22nd century home-made food. Imagine and create.	Find a new way to eat a part that you usually throw away!	The invite-a-friend-cook-together day.	Follow up a food's peel and find a way to use it again. Bring it to class.	Design a "Where do foods come from: Farm or Factory?" board game.	Visit an organic farm.	Waste free food ideas contest.	Potato stamps day.	Grandma's secret: discover secret recipes and share in class.	Food preservation methods contest. Who can find the most?	Treat your classmates with a home preserved food.	The four seasons/ "nature morte" fruit art exhibition.	The extra terrestrial's dish day.	Make a "vegetable or fruit?" quiz.	World Environment Day June 5th		

